



Summer Vacation

Dear parents ,

Hello! Thank you for your care and support for a long time. Summer holiday is coming, and we are very much concerned about whether students could spend a colorful and happy summer vacation. Because your children are not only the hope and future of the motherland but also expectations of every family. Their security is related to every family. In order to let them have a healthy, safe, civilized and happy holiday, please fulfill the duties of guardians conscientiously and urge children to do safety work well. We put forward the following suggestions to you:

First, we should create a good atmosphere at home. Home is the life of the harbor and is the paradise of learning. Many successful examples show that harmonious and good family atmosphere can improve the students' inner qualities spontaneously, develop good study habits and is also conducive to the healthy growth of students. Therefore, as a parent, you should communicate and exchange with your children more, make friends with them, encourage them to do some housework in the range of their own ability and create a clean, beautiful, warm and harmonious family atmosphere.

Second, children should maintain regular life and keep learning. Although the summer holiday was a period of rest and relaxation, parents should require children to maintain regular life, go to bed early and rise early. Parents should urge their children to complete homework on time, read some healthy extra-curricular books, broaden children's horizon and expand the field of children's vision. Parents should also encourage students to participate in a variety of reading activities, community activities, social investigation and the social practice activities actively, which could increase their social knowledge. Parents should help children develop good reading habits.

Three, life is no small matter; security should be in your mind. Pupils are minors, lack of safety awareness and the sense of safety precaution. Parents should often remind them and teach them the necessary safety prevention knowledge:

1. Pay attention to traffic safety. Children must obey the traffic rules and go out with friends or in your company. If they go out together or alone, they must tell you where they would go, who would go with them and what time they would come back. Don't promise them that they could invite classmates to play out without permission or stay outside overnight.

2. Safety education about drowning prevention: Children must go swimming under adult supervision. Without safety measures or adult supervision, children mustn't go swimming alone or

with friends. Children should learn self-protection knowledge and skills. Security should be always in mind.

3 Parents should pay close attention to kids around your children. Communication with bad guys should be strictly prohibited. Don't open the door to strangers at home or contact with strangers. Prevent violence.

Forth, keep civilized on the Internet and keep healthy every day. Children should go on Internet at home under adult supervision. Children shouldn't log in or browse unhealthy website. Children should resist the adverse information consciously. Arrange time reasonably and don't indulge in the games. Children shouldn't go to the game rooms, Internet cafes and other unhealthy places. Be a civilized, good moral juvenile.

Five, do exercise regularly and make sure of food safety. Supervise children to do more exercise. Pay attention to personal hygiene, environmental hygiene and food hygiene. Don't eat rotten, bad food or "three nose" food. Don't take children to eat out and participate in the banquet. Prevent overeating and food poisoning.

Six, there are some students enrolled in summer school. Please pick up the children according to the rules of the school time.

Dear parents, I hope you can cooperate closely with school, and be positive and responsible to arrange the students' summer life.

The summer vacation begins from May 21st to 30th June. The school will reopen on July 1st.

Finally, hope for our students -- be safe, grow healthily. And we wish you success in work, family happiness, and good luck in everything.

Sonila Bhagat
Principal

GREEN FIELD PUBLIC SCHOOL
CLASS - VII
HOLIDAY HOME WORK (2019-20)

ENGLISH : - Make a comic strip on 4R's depicting a conversation between two friends on how they reuse, reduce and recycle things at home.

MATHS :- a) List five object that can be recycled and reused. Note their shapes, classify them as 2D and 3D. Find out formulae to calculate their area and volume.
b) Do practice of ch- 1, 2 and 9 in workbook.

SCIENCE :-a) Be a master chef prepare attractive recipe book sharing healthy nutritious dishes (any 10).
b) Mention the ingredients and method of the preparation, paste the related picture.
c) Join a yoga class . Learn any 5 yoga Aasan. Practice them daily .paste their pictures.

S.ST :- Draw irrigation more crop per drop.

Activity :- prepare a project file, supported with relevant picture on 'Drip irrigation ' explaining its history, origin, uses advantages and disadvantages.

हिंदी – 1. अनुपयोगी वस्तुओ से कठपुतली बनाइये ।

2. राम एक किसान ,नमक कविता A-4 sheet पर चित्र सहित रचनात्मक

ढंग से लिखये ।

3. बन्दर और मगरमच्छ नामक कहानी का चित्र बनाकर सुन्दर तरीके से अपनी व्याकरण
काँपी में लिखये ।

4. कारक के भेदों को उनके चिन्ह व उदहारण सहित चार्ट पर बनाइये ।

संस्कृत-

1. संस्कृत में पांच श्लोक लिखये और कंठस्थ कीजिये | (A-4 sheet)
2. दीपावली, अनुशासन, ममविद्यालय, मममित्रं पर पांच-पांच वाक्ये बनाओ |
3. दिन और महीनो के नाम संस्कृत में लिखये |
4. कवी, साधु, लता, नदी के शब्द रूप लिखिए |
5. भ्रू, गम, कृ, लिख के धातु रूप लटलकार और लडलकार में लिखये |
6. समय सारणी तैयार कीजिये

G.K – Make a collage of famous cricters and write their achievements.

M.V – Write an inspirational story with picture on A-3 size sheet.

Format-

Title
Content
Moral

COMPUTER - Q1. Define Number system and its types with example.

Q2. Convert the following numbers to binary

$(178)_{10}$, $(297)_{10}$, $(360)_{10}$, $(410)_{10}$, $(109)_{10}$, $(97)_{10}$

Q3. Convert the following numbers to decimal

$(101011)_2$, $(101100)_2$, $(1011011)_2$, $(1111101)_2$, $(10100111)_2$,
 $(1111000110)_2$

Q4. Practice practical on MS Excel.